



Days of the Week

What Day Is It?

Beginner: Introduce the days of the week.

[Tip]: Show Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday on a paper or digital calendar.

Intermediate: Ask your child questions about the passage of time.

[Tip]: Talk about what day it will be tomorrow, and what day it was yesterday.

Experienced: Talk about skipping days on a calendar.

[Tip]: Ask your child, "If today is _____, what day of the week will it be in 5 days, 7 days, 14 days, 21 days?"

Why is this important? Understanding how a week is structured is important for planning ahead.

Reference: Etheridge, E.A., & J.R. King. 2005. Calendar math in preschool and primary classrooms: Questioning the curriculum. *Early Childhood Education Journal* 32 (5): 291–96.