



Map My Street

Draw your Surroundings!

Goal: Draw objects or landmarks that are present in the area around your home.

[Tip]: Take a walk with your child and have them draw different landmarks they see on your street.

Why is this important? Outdoor exploration can promote physical activity and practical life skills by navigating environments, identifying landmarks, and making mental maps.

References: Nys, M., Gyselinck, V., Orriols, E., & Hickmann, M. (2015). Landmark and route knowledge in childrens spatial representation of a virtual environment. *Frontiers in Psychology*, 5. <https://doi.org/10.3389/fpsyg.2014.01522>