



Water Tub

What Belongs in Our Water?

Goal: Open up discussions about the environment, pollution, and water safety during bath time.

[Tip]: Fill up the bathtub with items that belong in the water such as fake fish, leaves, shells, etc. Also include items that do not belong in the water: plastic bottles, plastic bags, cans, etc. Instruct the child to take out the things that do not belong in water. Discuss the items individually and the child's decisions as you go along.

Why is this important? This activity provides a fun and engaging way to discuss important topics, as well as begin conversations into complex ideas and situations.

References: Van de Wetering, J., Leijten, P., Spitzer, J., & Thomaes, S. (2022). Does environmental education benefit environmental outcomes in children and adolescents? a meta-analysis. *Journal of Environmental Psychology*, 81. <https://doi.org/10.1016/j.jenvp.2022.101782>