



## The Numerosity of our Bodies

Count Your Body!

**Beginner:** What body parts do you have two of? Which parts do you have one of?

**[Tip]:** Two: eyes, ears, arms, legs, hands. One: nose, head, mouth.

**Intermediate:** What body parts come in more than a pair?

**[Tip]:** Fingers, toes, nails, limbs, and teeth are some examples.

**Experienced:** Count how many fingers there are altogether in your family.

**[Tip]:** If you have 5 people in your family, you should count 50 fingers.

**[Brief] Why?** Counting is related to mathematics ability.

**[Detailed] Why?** Learning to count is a fundamental skill needed to build children's understanding for problem solving.

**References:** Muldoon, K., Towse, J., Simms, V., Perra, O., & Menzies, V. (2013). A Longitudinal Analysis of Estimation, Counting Skills, and Mathematical Ability Across the First School Year. *Developmental Psychology*, 49(2), 250–257. <https://doi.org.uwinnipeg.idm.oclc.org/10.1037/a0028240>

**Caregiver Handbook:** 100 Chart