



## Rhythm Card Game!

### Can You Keep the Beat?

**Beginner:** Place one playing card or piece of paper on the table. Tap the card along with the beat of a song.

**[Tip]:** Encourage your child to focus on the beats they hear.

**Intermediate:** Place two cards or pieces of paper on the table. Tap the cards along with the beat of a song, using one card for each hand.

**[Tip]:** Make sure to keep both hands on the beat, and try a mix of faster and slower songs.

**Experienced:** Place four cards or pieces of paper on the table in rows of two. Tap the cards along with the beat of a song, moving from the top row to the bottom row.

**[Tip]:** Try tapping out the melody too!

**Why is this important?** Incorporating rhythms into a child's learning environment can help improve literacy skills such as reading out loud.

**References:** Cooper, S. (2010). Lighting up the brain with songs and stories. *General Music Today*, 23(2), 24–30.  
<https://doi.org/10.1177/1048371309353289>