



Express Yourself

Funny Faces!

Beginner: Talk about emotions and how you feel.

[Tip]: Use faces to show: happy, sad, mad/angry, surprised, afraid and disgust.

Intermediate: Talk about emotions and how others feel.

[Tip]: Look at facial expressions in pictures, story books, emojis, and magazines. Make an emotion poster or book. Vocabulary challenge words: fear, lonely, bored, anxious, depressed, proud, jealous.

Experienced: Talk about the feelings you see around you, and why people have emotions.

[Tip]: Catch children in the moment and have them talk about how they are feeling. How do you feel when you: find a lost toy, open a present, visit your friend, get bit by a mosquito, step in dog poop?

Why is this important? Understanding emotion words improves vocabulary and helps children to communicate how they are feeling and how others might feel.

References:

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