



H is For Hockey

Rink Reading

Beginner: Find all the letter H's around. Say the H sound. Make an H with your hands.

[Tip]: The letter H could be at the beginning, middle or end of a word.

Intermediate: Name objects starting with the letter H. Practice letter sounds.

[Tip]: hockey, head, helmet, hat, hand, handshake, home, heel, hair, high-sticking, hat-trick.

Experienced: Search for printed words around the rink. Practice letter sounds.

[Tip]: "I spy a word that starts with H." Look for printed words around you.

Why is this important? Naming letters and knowing their sounds helps with learning to read.

References: Thompson, J. A., & Sonnenschein, S. (2016). Full-day kindergarten and children's later reading: The role of early word reading. *Journal of Applied Developmental Psychology*, 42, 58–70. <https://j.appdev.2015.11.005>