



## Finding Math in Our Path

How Do We Use It?

**Beginner:** Discuss with your child how math is involved in activities they enjoy.

**[Tip]:** Things like noticing shapes and patterns when painting, how high you can build a structure before it falls, or how many toys you are playing with.

**Intermediate:** Use math with your child during fun activities.

**[Tip]:** Things like using shapes and patterns when painting, measurement when baking, and calculating scores in a sports game.

**Experienced:** Encourage your child to explore how math is involved in their favourite activities.

**[Tip]:** Explore the ways math is used in things like baking (measurement and temperature), playing catch (speed and distance), playing with play doh (shapes and sizes).

**Why is this important?** Pointing out how math is related to fun activities helps decrease anxiety and increase childrens' interest and understanding of math concepts.

**References:** Relating math to real life. PearsonSchoolCanada.ca - Relating Math to Real Life. (2018).

<https://www.pearsoncanadaschool.com/index.cfm?locator=PS35Qh>