



Three Wishes

Off to See the Wizard

Goal: Have a discussion together about what you would wish for if you were granted three wishes by a magical genie or a powerful wizard.

[Tip]: Encourage everyone to use at least one of their wishes to benefit someone else. Discuss how you can take action and turn your three wishes into a reality.

Why is this important? Identifying wishes is the first step in goal-setting and taking action to improve your life and the lives of others.

References: Costa, U. M., Brauchle, G., & Kennedy-Behr, A. (2017). Collaborative goal setting with and for children as part of therapeutic intervention. *Disability and Rehabilitation*, 39 (16), 1589–1600.
<https://doi.org/10.1080/09638288.2016.1202334>