



Safety Conversations

Is That Safe?

Beginner: Talk to your child about where they might be in water and how to stay safe.

[Tip]: Talk about life jackets, supervision, lifeguards so your child becomes familiar with the terms.

Intermediate: Describe scenes at a pool or a beach and ask your child: "Is it safe or unsafe?" [Tip]: If the scene is not safe, ask: "what can be done to make it safe?"

Experienced: Have your child write a scenario about the pool or a beach and how to stay safe and have fun.

[Tip]: Include some water safety vocabulary words: lifeguard, waves, supervision, life jacket, etc.

Why is this important? Introducing your child to the dangers of water can help them be safe while still having fun.

References: Turgut, T., Yaman, M., & Turgut, A. (2015). Educating children on Water Safety for Drowning Prevention. Social Indicators Research: An International and Interdisciplinary Journal for Quality-of-Life Measurement. https://ideas.repec.org/a/spr/soinre/v129y2016i2d10.1007_s11205-015-1109-0.html