

What is TOYBOX?



Reframing Togetherness In Early Childhood Education Through the TOYBOX Project

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TOYBOX is for Child and Caregiver

Learning about letters, numbers & life!



... LEARN TOGETHER, PLAY TOGETHER

- Learning about your child
- Sharing your knowledge and culture
- Teaching them in a good way

Words of Affirmation



Deck of Cards



Sound Toss



Nume
Numbers

Litty
Letters



Welly
Wellness



The Force is with Me
I can use it!

Goal: As moments of anxiety arise, try singing, humming, or repeating a special phrase as a reminder that you are brave, strong, and capable.
[Tip:] Try phrases such as "The force will be with me always," "This too shall pass," "Whatever will be, will be."
Why is this important? A song or catchphrase can offer a moment of grounding or signal the need for a break.
References: Keng, S. L., Smoski, M. J., & Robins, C. J. (2011). Effects of mindfulness on psychological health: a review of empirical studies. *Clinical psychology review*, 31(6), 1041-1056. <https://doi.org/10.1016/j.cpr.2011.04.006>