



123

## How Does Your Garden Grow?

Growing Plants, Growing Minds

**Beginner:** While planting seeds, together measure the soil you lay, the depth of the seed you plant, and the amount of water you pour!

**[Tip]:** Talk about the different height sizes of plants using - giant, tall, short, miniature, deep, or shallow.

**Intermediate:** Using a plant and your finger, gesture to show the size of a centimetre on your pinky.

**[Tip]:** Measure objects that correlate with your plant. How wide is the pot?

**Experienced:** Using your pinky or measurement tool of choice (string/yarn), line up the beginning of the plant's stem at zero and measure its height.

**[Tip]:** How tall is the plant? Measure other features of your plant.

**Why is this important?** Measurement knowledge is related to mathematics skills about comparing and estimating sizes.

**References:** Speldewinde, C., & Campbell, C. (2022). Mathematics learning in the early years through nature play. *International Journal of Early Years Education*, 30(4), 813–830. <https://doi.org/10.1080/09669760.2022.2122026>