



Climate Title: Touch the World Around You

Description: Senses of the Environment

Goal: Stand next to a tree or rock and close your eyes. Feel the object and describe how it feels. Learn to recognize familiar and unfamiliar textures in your surroundings. Immerse yourself in your environment.

[Tip] How does the object feel when touched? Do objects move or vibrate in the wind? How do you feel when you touch the object?

Why? Understanding how your environment changes around you helps to develop awareness of how the planet is impacted locally. Touch-based experiences encourage exploration about where your body is in its place and space.

Reference:

Miller, B. (2024). Five senses and direction activity. Fort Whyte Alive.

Novak, M., & Schwan, S. (2021). Does Touching Real Objects Affect Learning? *Educational Psychology Review*, 33(2), 637–665. <https://doi.org/10.1007/s10648-020-09551-z>