



High Five Countdown

5, 4, 3, 2, 1!

Beginner: Show your child that 4 fingers and 1 thumb equals 5 in a “high five”.

[Tip]: Count backwards from 5 by putting down one finger at a time.

Intermediate: Show that 8 fingers and 2 thumbs equals 10 in a “high ten”.

[Tip]: Raise both hands to “high ten,” then subtract 2, which equals 8, then “high eight!” Subtract 3 and “high five”!

Experienced: Show that by using both hands and both feet you can make 20!

[Tip]: Subtract 1 foot to equal 15 or subtract 2 feet and 1 finger to equal 9.

Why is this important? Visuals for math help support children in learning addition and subtraction.

Looking for more information? Check out our [100 Chart](#) resource on our website!

References: Clements, D. H., & Sarama, J. (2009). Learning and Teaching Early Math : The Learning Trajectories Approach. Routledge

Barnes, M. A., Raghubar, P., English L., Williams, J. M., Taylor, H., & Landry, S. (2014). Longitudinal Mediators of Achievement in Mathematics and Reading in Typical and Atypical Development. 19, 1-16.

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