



Rhymes that Move!

Make Story Time Dance Time!

Beginner: Read a rhyme and choose an action to go with each rhyming sound.

[Tip]: For “Jack and Jill went up the hill,” jump each time you hear the “ill” sound.

Intermediate: Read a rhyme together and connect an action to rhyming sounds and punctuation.

[Tip]: Try to link the action to the purpose of the punctuation, like covering your mouth for a period.

Experienced: Connect actions to rhymes, punctuation, and adjectives.

[Tip]: Add actions one at a time.

Why is this important? Connecting rhythmic movement to speech helps children understand the sounds and structures of language.

Looking for more information? Check out our [Rhyming](#) resource, then use these skills to learn some [Rhyming Songs!](#)

References: Pica, R. (2010). Linking Literacy and Movement. *YC Young Children*, 65(6), 72-73. Retrieved July 20, 2021, from <http://www.jstor.org/stable/42730673>