



Masters of Conversation

Social Skills Take Practice!

Goal: Make a game of practicing conversation skills by taking turns to share something about yourself and asking questions to learn more about the other person. Stack tokens, coins, or rocks every time someone is able to keep the conversation going, and see how tall a tower you can make.

[Tip]: You can pause to help your child think of a question or a comment they could make that would help their tower grow taller.

Why is this important? Developing social skills through play is a helpful way for children to build confidence around interacting with others after long periods of social distancing.

References:

Sørli, M-A. Hagen, K.A. & Nordahl, K. B. (2020). Development of social skills during childhood: Growth trajectories and school-related predictors. <https://www.tandfonline.com/doi/full/10.1080/21683603.2020.1744492>