



## The Numerosity of Our Bodies

Count Your Body!

**Beginner:** What body parts do you have two of? Which parts do you have one of?

**[Tip]:** Two: eyes, ears, arms, legs, hands. One: nose, head, mouth.

**Intermediate:** What body parts come in more than a pair?

**[Tip]:** Fingers, toes, nails, limbs, and teeth are some examples.

**Experienced:** Count how many fingers there are altogether in your family.

**[Tip]:** If you have 5 people in your family, you should count 50 fingers.

**Why is this important?** Learning to count is a fundamental skill needed to build children's understanding for problem solving.

**References:** Barnes, M. A., Raghubar, P., English L., Williams, J. M., Taylor, H., & Landry, S. (2014). Longitudinal Mediators of Achievement in Mathematics and Reading in Typical and Atypical Development. 19, 1-16. <https://doi.org/10.1016/j.jecp.2013.09.006>