



ABC

Play Store

Playing with Food

Beginner: Pretend to buy or sell food items. Talk about where items belong and what they are used for.

[Tip]: We use milk to make cookies and in our cereal. Keep the milk in the fridge so it does not go bad.

Intermediate: Save empty food containers to create your own play-store. Organize items as you would find them in the store.

[Tip]: Use cereal boxes, jars, cartons, bottles. Name items and their category. Example: The milk and sour cream belong together, but the pickles and cereal do not.

Experienced: Talk about where different foods come from and how they are produced.

[Tip]: Where do these oranges come from? Who brings the food to the store? Who produces the food?

Why is this important? Learning through playful experiences introduces new words and ideas, and solidifies the existing ones.

References:

Nair, S. M., Yusof, N. M., & Arumugam, L. (2014). The Effects of Using the Play Method to Enhance the Mastery of Vocabulary among Preschool Children. *Procedia-Social and Behavioral Sciences*, 116, 3976-3982.

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