



## Play Store

### Playing with Food

**Beginner:** Pretend to buy or sell food items. Talk about where items belong and what they are used for.

**[Tip]:** We use milk to make cookies and in our cereal. Keep the milk in the fridge so it does not go bad.

**Intermediate:** Save empty food containers to create your own play-store. Organize items as you would find them in the store.

**[Tip]:** Use cereal boxes, jars, cartons, bottles. Name items and their category. Example: The milk and sour cream belong together, but the pickles and cereal do not.

**Experienced:** Talk about where different foods come from and how they are produced.

**[Tip]:** Where do these oranges come from? Who brings the food to the store? Who produces the food?

**Why is this important?** Learning through playful experiences introduces new words and ideas, and solidifies the existing ones.

#### References:

Nair, S. M., Yusof, N. M., & Arumugam, L. (2014). The Effects of Using the Play Method to Enhance the Mastery of Vocabulary among Preschool Children. *Procedia-Social and Behavioral Sciences*, 116, 3976-3982  
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