



## Use Your Words

### Practicing Prompts

**Goal:** To help transition into new routines, practice what to say during pretend play or with prompted scripts.

**Tip:** *Talk about what to do when you first arrive at school, give tips on how to engage with people during recess, lunch, or snack.*

**Why is this important?** Opportunities to practice in anticipation of new routines, helps adapt to change.

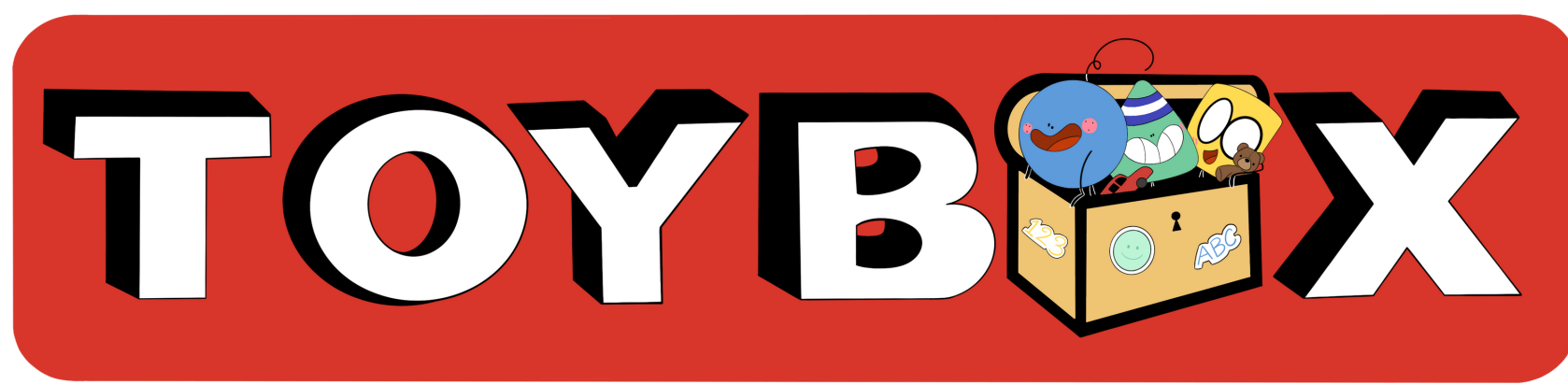
**Looking for more information?** Scroll down to check out our Conversation Prompts!

**References:** Back-to-School Anxiety: A Guide for Parents. (2014). Brown University Child & Adolescent Behavior Letter, 30, 1–2.

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# Conversations Prompts

Here are some conversation prompts to help prepare for social interactions at school!

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## Tips For When You Get to School:

1. "Hi, my name is \_\_\_ and my pronouns are \_\_\_."
  - a. "What are your name and pronouns?"
2. "Hello \_\_\_! How was your summer?"
3. "What do you like to learn about?"

## Tips For Lunch:

1. "Can I eat lunch with you?"
  - a. "Thank you!"
  - b. "Oh, okay. I'll sit somewhere else."
2. "What do you have for lunch?"
  - a. "Wow, that sounds yummy!"
3. "What are you going to do at recess?"

## Tips for Recess:

1. "Hey \_\_\_, do you want to play together?"
2. "Hello, can I join your game?"
  - a. "Thanks so much, how do I play?"
  - b. "No problem, thanks anyways!"
3. "I don't want to play \_\_\_ right now, maybe next recess?"

