



Staying Safe Around Water

Lifesaver Legends

Beginner: Introduce your child to words surrounding water safety. Have your child repeat the words after you.

[Tip]: Some words to use: life jacket, swimming, drowning, lifeguard, current, supervision, lake, pool, river, beach, bathtub, floats, "no swimming" signs, "no diving" signs, swimsuit, water shoes, waves, and boat.

Intermediate: Say a water safety term and ask your child to write or draw it out.

[Tip]: Sound the word out to help your child.

Experienced: Draw/write a picture/story about the pool or beach using water safety words.

[Tip]: Use pictures and as many of the vocabulary words as possible.

Why is this important? When children are familiar with terms about safety, it makes it easier for them to understand the importance of staying safe around water.

References: Turgut, T., Yaman, M., & Turgut, A. (2015). Educating children on Water Safety for Drowning Prevention. Social Indicators Research: An International and Interdisciplinary Journal for Quality-of-Life Measurement. https://ideas.repec.org/a/spr/soinre/v129y2016i2d10.1007_s11205-015-1109-0.html