



Listen to the Rhythm

Movin' and Groovin'

Beginner: Have fun dancing and clapping to the rhythm of music together.

[Tip]: Take turns playing fast and slow music.

Intermediate: Sing rhyming songs using real and made up words.

[Tip]: Check out our rhyming song resource on our website.

Experienced: Find new ways to create music and rhythms like yodelling, throat singing, or “scatting” in jazz music.

[Tip]: Create your own songs or try changing one you already know.

Why is this important? Understanding rhythm is helpful when learning to read.

Looking for more information? Check out our websites [rhyming](#) and [rhyming songs](#) resources.

References: Holliman, A. J., Wood, C., & Sheehy, K. (2010). The contribution of sensitivity to speech rhythm and non-speech rhythm to early reading development. *Educational Psychology*, 30(3), 247-267. <https://doi.org/10.1080/01443410903560922>