



Don't Cry Over Spilled Milk

Looking for Liquids?

Beginner: Look for liquids and talk about what they do.

[Tip]: Use vocabulary words “pour,” “float,” “sink,” “full,” “empty,” “more,” “less”

Intermediate: Explore liquids in the bathtub or sink, or in puddles.

[Tip]: It is okay to be messy for the sake of learning.

Experienced: Use measuring tools like measuring cups, spoons, and containers to measure liquids.

[Tip]: The milk carton holds 1 litre (or 1000 ml) of milk. There are 4 cups of 250 ml of milk in the carton.

Why is this important? Children can practice gross motor control while pouring liquids, and learn about measurement vocabulary and volume and capacity processes.

References:

Bulunuz, Mizrap. (2013). Teaching science through play in kindergarten: does integrated play and science instruction build understanding? European Early Childhood Education Research Journal, 21(2), 226-249.

<https://doi.org/10.1080/1350293X.2013.789195>