



Fingers and Toes

Let's Count the Ways!

Beginner: Practice counting up to 5 and then up to 10.

[Tip]: Count on your child's fingers and toes.

Intermediate: Practice ways of counting, using a few fingers on each hand

[Tip]: Count 2 fingers on one hand, and 4 fingers on the other hand to make 6, then try making 6 using 3 fingers on one hand, and 3 on the other.

Experienced: Have your child use their fingers and toes (or those of their friends, family or pets) to find different ways to make numbers up to 20, or more.

[Tip]: "8 and 4 make 12, and so do 10 and 2", "How many hands and feet do I need to make 100, 500, 1000?"

Click [here](#) for a helpful video tip!

Why is this important? The ability to use fingers to count is helpful for early math success.

Looking for more information? Check out our [100 Chart](#) and [Multiplication as Repeated Addition](#) resources on our website!

References: Barnes, M. A., Raghobar, P., English L., Williams, J. M., Taylor, H., & Landry, S. (2014). Longitudinal Mediators of Achievement in Mathematics and Reading in Typical and Atypical Development. 19, 1-16.
<https://doi.org/10.1016/j.jecp.2013.09.006>