



## Words of Encouragement

### Sharing Rocks!

**Beginner:** Collect and decorate rocks to leave around your community.

**[Tip]:** Use paint and markers to decorate your rocks.

**Intermediate:** Decorate rocks with positive messages and encourage your child to write simple words like "Joy" or symbols like hearts and peace signs.

**[Tip]:** Encourage your child to write neatly.

**Experienced:** Come up with simple phrases as a family that could help brighten someone's day.

**[Tip]:** Help your child spell difficult words by sounding them out.

**Why is this important?** Creating positive messages to share with our community is a great way to spread joy while practicing early writing and fine motor skills.

**Looking for more information?** Check out our website's resources on [Sight Words](#), [English Letter Sounds](#) and [Affirmations](#)!

**References:** Schinke, S. P., Cole, K. C., & Poulin, S. R. (2000). Enhancing the educational achievement of at-risk youth. *Prevention Science*, 1(1), 51–60. <https://doi-org.uwinnipeg.idm.oclc.org/10.1023/A:1010076000379>