

## Storytelling

Once Upon a Time . . .

**Beginner:** Create a story together while playing with toys.

**[Tip]:** Add details by asking questions like, who, what, when, where, and why.

**Intermediate:** Encourage your child to create a new story based on the images in a picture book.

**[Tip]:** If they prefer to retell the existing story in their own words, that's okay too!

**Experienced:** Encourage your child to create a story based on personal memories, or retell familiar folklore, fairy tales, and cultural stories.

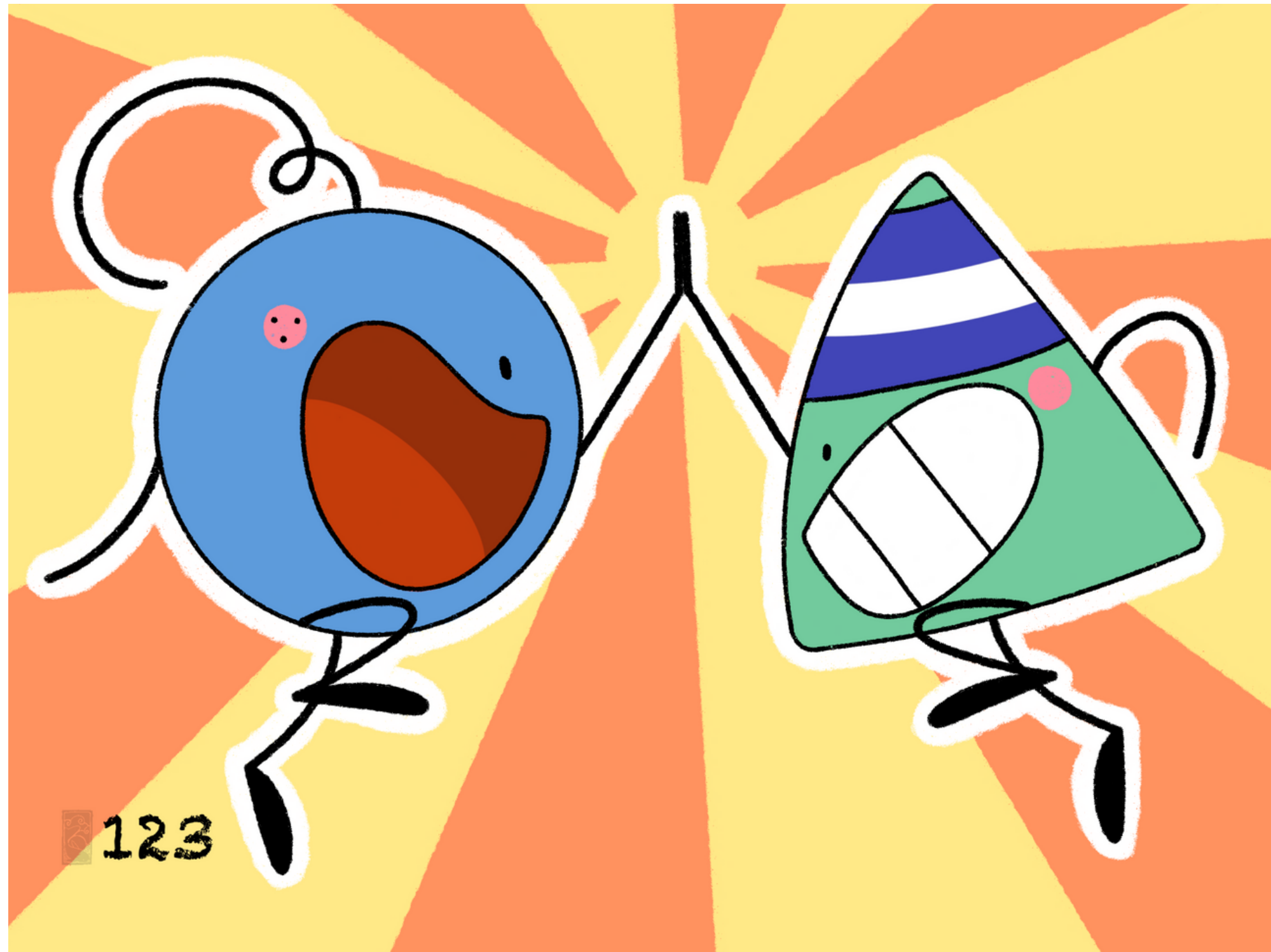
**[Tip]:** Pay attention to vocabulary and to the beginning, middle and end.

**Why is this important?** Telling stories helps develop vocabulary and oral language skills such as listening and speaking skills, while also sparking imagination and curiosity.

**Looking for more information?** Check out our websites resource on [Storytelling!](#)

**References:** Isbell, R., Sobol, J., Lindauer, L., & Lowrance, A. (2004). The Effects of storytelling and story reading on the oral language complexity and story comprehension of young children. *Early Childhood Education Journal*. 32(3), 157-163.

Lucarevschi, C. R. (2016). The role of storytelling on language learning: A literature review. *Working Papers of the Linguistics Circle*, 26(1), 24-44.



## High Five Countdown

5, 4, 3, 2, 1!

**Beginner:** Show your child that 4 fingers and 1 thumb equals 5 in a “high five”.

**[Tip]:** Count backwards from 5 by putting down one finger at a time.

**Intermediate:** Show that 8 fingers and 2 thumbs equals 10 in a “high ten”.

**[Tip]:** Raise both hands to “high ten,” then subtract 2, which equals 8, then “high eight!” Subtract 3 and “high five”!

**Experienced:** Show that by using both hands and both feet you can make 20!

**[Tip]:** Subtract 1 foot to equal 15 or subtract 2 feet and 1 finger to equal 9.

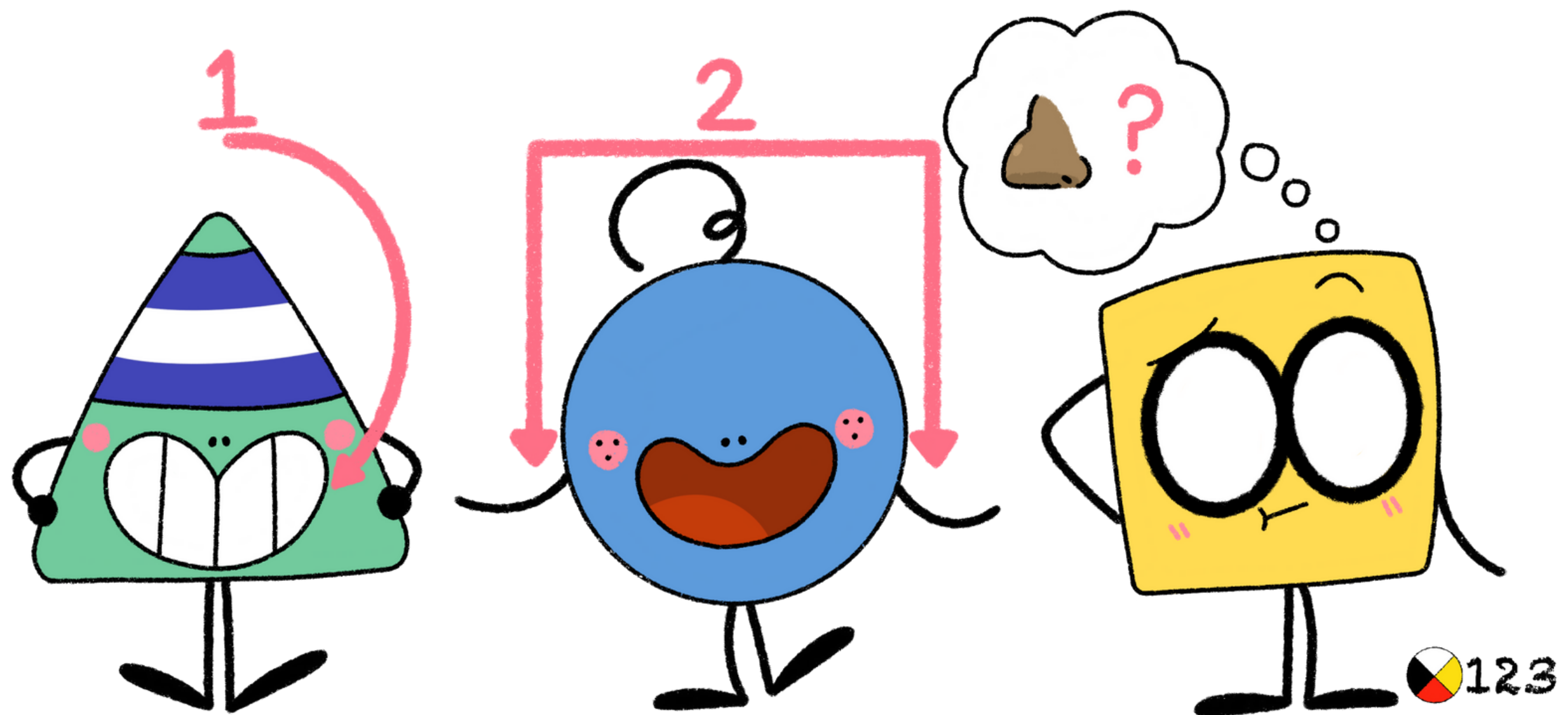
**Why is this important?** Visuals for math help support children in learning addition and subtraction.

**Looking for more information?** Check out our [100 Chart](#) resource on our website!

**References:** Clements, D. H., & Sarama, J. (2009). Learning and Teaching Early Math : The Learning Trajectories Approach. Routledge

Barnes, M. A., Raghubar, P., English L., Williams, J. M., Taylor, H., & Landry, S. (2014). Longitudinal Mediators of Achievement in Mathematics and Reading in Typical and Atypical Development. 19, 1-16.

<https://doi.org/10.1016/j.jecp.2013.09.006>



## The Numerosity of Our Bodies

Count Your Body!

**Beginner:** What body parts do you have two of? Which parts do you have one of?

**[Tip]:** Two: eyes, ears, arms, legs, hands. One: nose, head, mouth.

**Intermediate:** What body parts come in more than a pair?

**[Tip]:** Fingers, toes, nails, limbs, and teeth are some examples.

**Experienced:** Count how many fingers there are altogether in your family.

**[Tip]:** If you have 5 people in your family, you should count 50 fingers.

**Why is this important?** Learning to count is a fundamental skill needed to build children's understanding for problem solving.

**References:** Barnes, M. A., Raghubar, P., English L., Williams, J. M., Taylor, H., & Landry, S. (2014). Longitudinal Mediators of Achievement in Mathematics and Reading in Typical and Atypical Development. 19, 1-16. <https://doi.org/10.1016/j.jecp.2013.09.006>



## Fingers and Toes

Let's Count the Ways!

**Beginner:** Practice counting up to 5 and then up to 10.

**[Tip]:** Count on your child's fingers and toes.

**Intermediate:** Practice ways of counting, using a few fingers on each hand

**[Tip]:** Count 2 fingers on one hand, and 4 fingers on the other hand to make 6, then try making 6 using 3 fingers on one hand, and 3 on the other.

**Experienced:** Have your child use their fingers and toes (or those of their friends, family or pets) to find different ways to make numbers up to 20, or more.

**[Tip]:** "8 and 4 make 12, and so do 10 and 2", "How many hands and feet do I need to make 100, 500, 1000?"

Click [here](#) for a helpful video tip!

**Why is this important?** The ability to use fingers to count is helpful for early math success.

**Looking for more information?** Check out our [100 Chart](#) and [Multiplication as Repeated Addition](#) resources on our website!

**References:** Barnes, M. A., Raghubar, P., English L., Williams, J. M., Taylor, H., & Landry, S. (2014). Longitudinal Mediators of Achievement in Mathematics and Reading in Typical and Atypical Development. 19, 1-16.  
<https://doi.org/10.1016/j.jecp.2013.09.006>